

CMU DINING CENTRAL MICHIGAN UNIVERSITY

*Delicious Without is our Allergen Friendly Station

MAY 31ST

Breakfast

FLAME

Scrambled Eggs
French Toasted Waffle
Breakfast Potatoes
Turkey Sausage Link
Meatless Vegetarian Sausage
Lucky Charms
Cheerios
Pancake and Waffle Syrup

SWEET SHOPPE

Banana Red Delicious Apple

BEVERAGE

Orange Juice Water Coffee Soy Milk 2% Milk Low Fat Chocolate Milk

Lunch

FRESH 52

Chopped Iceberg Lettuce
Sliced Cucumber
Cherry Tomatoes
Shredded Carrots
Fresh Carrot Sticks
Celery Sticks
Buttermilk Ranch Dressing
Creamy French Salad Dressing
Raspberry Vinaigrette
Hummus

MAY 30TH

Chopped Iceberg Lettuce

Buttermilk Ranch Dressing

Raspberry Vinaigrette

Creamy French Salad Dressing

Dinner

Sliced Cucumber Cherry Tomatoes

Shredded Carrots

Celery Sticks

Hummus

Fresh Carrot Sticks

FRESH 52

HOMESTYLE

Chicken Tenders Black Bean Burger Macaroni & Cheese Peas and Carrots

DELICIOUS WITHOUT

Pulled Pork Peas and Carrots Herb Roasted Potato Wedges

SWEET SHOPPE

Chocolate Chip Cookies Rice Krispie Treat Red Delicious Apple

BEVERAGE

Gatorade Water

Dinner

HOMESTYLE

Roasted Zucchini

Basmati Rice

Green Beans

SWEET SHOPPE

Sugar Cookies

Banana

BEVERAGE

Gatorade

Water

BBQ Chicken Sandwich Vegan Chicken Tenders Potato Wedges

DELICIOUS WITHOUTBarbecued Chicken

Brownies with Powdered Sugar

FRESH 52

Chopped Iceberg Lettuce
Sliced Cucumber
Cherry Tomatoes
Shredded Carrots
Fresh Carrot Sticks
Celery Sticks
Buttermilk Ranch Dressing
Creamy French Salad Dressing
Raspberry Vinaigrette
Hummus

HOMESTYLE

Lasagna Roll Up with Turkey Meat Sauce Lasagna Roll Up with Marinara Roasted Vegetables Dinner Roll

DELICIOUS WITHOUT

Turkey Meat Sauce Avoiding Gluten barilla Penne Roasted Zucchini

SWEET SHOPPE

Chocolate Chip Cookies Lucky Charm Treats Banana

BEVERAGE

Gatorade Water

JUNE 1ST

Breakfast

FLAME

Scrambled Eggs
Pancakes
Ranch Breakfast Potatoes
Pork Sausage Link
Meatless Vegetarian Sausage
Lucky Charms
Cheerios
Pancake and Waffle Syrup

SWEET SHOPPE

Banana Red Delicious Apple

BEVERAGE

Orange Juice Water Coffee Soy Milk 2% Milk Low Fat Chocolate Milk

Lunch

FRESH 52

Chopped Iceberg Lettuce Sliced Cucumber Cherry Tomatoes Shredded Carrots Fresh Carrot Sticks Celery Sticks Buttermilk Ranch Dressing Creamy French Salad Dressing Raspberry Vinaigrette Hummus

SWEET SHOPPE

Sugar Cookies Oreo Cookie Dip Red Delicious Apple

HOMESTYLE

Chicken Fajitas Vegetable Fajitas Mexican Rice Roasted Corn and Peppers Sour Cream Salsa

DELICIOUS WITHOUT

Chicken Fajitas Vegetable Fajitas Cilantro Lime Brown Rice Roasted Corn Diced Tomatoes Shredded Lettuce

BEVERAGE

Gatorade Water