

SWIMMING - Developmental

Culminating State Event
State Summer Games

Events Offered

Assisted Swim:

10-Yard
15-Yard
25-Yard
15-Meter Kick

Flotation Race:

15-Yard
25-Yard
25-Yard Back

National Governing Body

Federation Internationale de
Natacion Amateur (FINA)
425 Walnut #1610
Cincinnati, OH 45202
(513) 381-2963

SOMI-Specific Information

Sport Season: February - June

All swimming events should be timed and measured in yards. Do not convert time to meters.

Each swimmer will be allowed one false start. Upon committing a second false start, that swimmer will be disqualified. In all cases where a false start occurs, the race will be recalled. Any swimmer with two false starts will not be permitted to swim.

Athletes may register for 3 events.

Aquatics Uniforms

Female athletes will wear a one-piece tank suit with no cutouts. Male athletes will wear a brief type racing suit or boxer suit with intermesh lining or any manufactured swimsuit.

Athletes are required to wear swimsuits that are within the guidelines of the Federation Internationale de Natacion Amateur (FINA and MHAS). Suits should not be transparent even when wet.

Athletes are prohibited from competing in T-shirts. Jewelry may not be worn.

Referees have the authority to exclude any competitor who does not comply with the guidelines.

Swim caps and goggles are highly recommended.

Also see page 45 for the uniform guidelines that apply to all sports (i.e., no denim).

Atlantoaxial Instability Rule

Athletes with Down Syndrome who are competing in the butterfly stroke and/or diving

starts must have an x-ray indicating that he/she does not have atlantoaxial instability prior to participation.

General Rules

Standing on the bottom in the racing course is allowed for floatation events and assisted events for the purpose of resting. Walking on or jumping from the bottom will disqualify the offender.

A coach or official may guide the swimmer by voice only. The aide is not allowed to touch the swimmer from the time of the starting signal until all swimmers have completed the race. The exception to this rule is the assisted races.

Starters or helpers may be allowed to assist a swimmer during their start if the swimmer has a hearing or vision impairment by a hand signal or touch/tap from a designated official or nominated person approved by the Meet referee or games committee person. No competitor shall be permitted to use or wear any device that may aid his speed, buoyancy or endurance during a competition (except floatation races) such as webbed gloves, flippers, fins, etc. Goggles may be worn.

Swimmers may be assisted from the water upon request.

* If pool you practice in is measured in meters we will have a conversion chart in registration material. All times submitted in aquatics events should be measured in Yards since most pools are measured in Yards. Entry scores should not be converted to meter times.

Equipment

For floatation events, each athlete is responsible for his/her own floatation device. The device must be the body wraparound type such that is

the athlete were not to be able to hold onto the device, the device would still support the athlete with his/her face out of the water. (Floatation devices such as kickboards, inner tubes, floats that wrap around the arms or NOODLES are not acceptable for use at anytime).

Flotation Races

Flotation events are for athletes requiring flotation devices but swim independently. Athletes who swim independently in the 15 and 25yd free floatation may not also swim in the 25yd assisted swim as they do not require assistance. If they don't swim on their back independently an appropriate third event for them would be an assisted race on their back.

Assisted Swims

Each athlete is responsible for having his/her own coach/assistant with them in the water. The assistant may touch, guide or direct the athlete, but may not support or assist with the athlete's forward movement. The athlete is allowed to use a flotation device (see specifications listed in section D, 2 Equipment of SOI rules). The assistant may be in the pool or on the deck.