

Virtual Summer Games FAQ

What is Virtual Summer Games?

• Virtual Summer Games is a safe way for Athletes, Young Athletes, Unified Partners, Volunteers and Supporters to keep the spirit of Special Olympics Michigan's Summer Games alive by competing from home safely. 19 events are offered across 7 different sports for everyone to choose from. Just compete from your home, submit your scores online and you will be awarded a virtual award for your accomplishments.

Who can participate in Virtual Summer Games?

• Virtual Summer Games is open to both Special Olympics Athletes and Unified Partners. Any non-Special Olympics Athlete – community member, family member, friend, corporate partner - can participate as a Unified Partner, so Virtual Summer Games is open to everyone!

When can I register?

• Registration will take place the week of Virtual Summer Games and be open from July 13th-22nd. Final scores will be submitted along with your registration, so once you have completed your events and have your scores, you may submit your registration.

How do I register?

• Registration will take place at <u>www.somi.org/virtualgames</u>. Once there, click on the red box labeled 'Register and Submit Scores' to register. Or, click on the link for the 'Printable Registration Form' to fill it out in hard copy form, which can then be turned in to your coach or Area Director for submission. A 'Registration & Score Submission' video is also available to guide you through the steps.

How many events can I participate in?

You can participate in up to three (3) events from any sport offered; mix and match sports if you desired. For example, you could choose the Basketball Lay-Ups, Gymnastics Vault, and the Athletics 100M Dash. If you are participating in the Fit 5 Challenge you will have three events/workouts to complete – Push-Ups, Air Squats, Jumping Jacks – and you will also be eligible to participate in on additional event of your choosing.

How do I choose my events?

• Simple, just choose the three (3) events you feel most comfortable in, or the three (3) that interest you the most - and compete.

Can I participate in a sport I have never played before?

• Yes, you can participate in any of the events offered regardless on your past participation.

How do I know how to complete each event, are there instructions to follow?

• Yes, there are instructions to follow. Go to <u>www.somi.org/virtualgames</u> and check out the sports and events offered. Each event has a description along with a 'how to' video showing how to complete each skill.

I am a Unified partner, but I do not have an athlete to participate with. Can I still participate in the virtual summer games?

• Yes, register at https://forms.gle/mi3Ukg9uA4N4B6x86 by June 26th to be a Unified Partner. You will then be paired with an athlete to compete with.

Am I required to complete the Fit 5 Challenge in order to compete in Virtual Summer Games?

• No, although it is recommended to complete this six-week training program ahead of Virtual Summer Games, it is not required in order to compete.

How do I find out where I finish in my events?

• On Saturday July 25th, all participants will be emailed a virtual award for their placements. So, keep an eye on your inbox!

Have any additional questions? Feel free to email <u>somiforms@somi.org</u> for more help.