



## Beach Volleyball

### Team Composition

- All matches must start with 4 players. If a player is injured during competition the team may continue with 3 players
- The maximum roster size is 6 players
  - Each team may register 2 alternates
- One of the players is the team captain, who shall be indicated on the score sheet.

### Unified Competition

- During unified competition only the following lineups are allowed:
  - 2 athletes and 2 partners
  - 2 athletes and 1 partner
- Each team shall have an adult, non-playing coach responsible for the lineup and conduct of the team during competition.

### Uniforms

- Uniforms consist of shorts and a jersey or tank-top
- Players may wear a hat or head covering
- Jerseys must be numbered 1-20
  - Numbers must be placed on the chest, on the back, and on the front of the shorts

### Court

- The playing court is a rectangle measuring 16 x 8 m, surrounded by a free zone, which is a minimum of 3m wide on all sides.
- The surface must be composed of levelled fine white sand, as flat and uniform as possible, free of rocks, shells and anything else which can represent risks of cuts or injuries to the players.
  - For local competitions grass may also be substituted, but the playing surface must not present any danger of injury to the players.
- Two side lines and two end lines mark the playing court. There is no center line. Both side and end lines are placed inside the dimensions of the playing court.
- The service line may be moved closer to the net, but no closer than 4.5 meters (14 ft, 9 in).
- **HIGHT OF THE NET**
  - Placed vertically over the middle of the court there is a net whose top is set at the height of:
    - Male & Coed competition: 2.43 meters (7 ft, 11 5/8 in)
    - Female competition: 2.24 meters (7 ft, 4 1/8 in)
  - Note: The net may not be lower than 2.24 meters (7 ft, 4 1/8 in)

### Competition

- A time limit of 30 minutes may be established for each set



- The match is won by the team that wins two sets.
- There is no libero option
- The players are free to position themselves. There are NO determined positions on the court
- The ball that has crossed the net plane to the opponent's free zone totally or partly through the external space, may be played back, provided that the ball, when played back, crosses the vertical plane of the net again totally, or partly through the external space on the same side of the court. The opponent team may not prevent such action.
- During services only one toss or release of the ball is allowed. Moving the ball in the hands is permitted
  - If the ball, after having been tossed or released by the server, lands without being touched or caught by the server, it is considered as a service. No further service attempt will be permitted.
- Once a server has scored three consecutive points, his/her team shall rotate to the next server and shall continue to serve.
- Any player may attack the ball, there are no backrow restrictions.
- Each team may request a maximum of one time-out and four substitutions per set
- A team is not authorized to make consecutive requests for substitution during the same interruption. Two players may be substituted at the same time within the same request.
  - Unlimited individual entries by a substitute within the team's allowable 4 substitutions.

#### Team captain

- The role of the team captain is up to the tournament director
- PRIOR TO THE MATCH, the team captain signs the score sheet and represents his/her team in the toss.
- DURING THE MATCH and while on the court, the team captain is the game captain. When the team captain is not on the court, the coach or the team captain must assign another player on the court to assume the role of game captain. This game captain maintains his/her responsibilities until he/she is substituted, or the team captain returns to play, or the set ends. When the ball is out of play, only the game captain is authorized to speak to the referees:
  - to ask for an explanation on the application or interpretation of the Rules; if the explanation does not satisfy the captain, the captain must immediately inform the 1st referee of his/her wish to Protest;
  - to ask authorization:
    - to change uniforms or equipment
    - to verify the number of the serving player
    - to check the net, the ball, the surface etc.,
    - to realign a court line;
  - In the absence of the coach to request time-outs and substitutions. Note: the players must have authorization from the referees to leave the playing area.

#### Misconduct



- Fault
  - A team commits a fault by making a playing action contrary to the rules (or by violating them in some other way). The referees judge the faults and determine the consequences according to the rules:
    - if two or more faults are committed successively, only the first one is counted;
    - if two or more faults are committed by opponents simultaneously, a DOUBLE FAULT is called and the rally is replayed.
- Penalty
  - The first rude conduct in the match by any team member is penalized with a point and service to the opponent
- Expulsion
  - A team member who is sanctioned by expulsion shall not play for the rest of the set, must be substituted legally and immediately if on court and must remain seated in the penalty area with no other consequences.
  - An expelled coach loses his/her right to intervene in the set and must remain seated in the penalty area.
  - The first offensive conduct by a team member is sanctioned by expulsion with no other consequences. The second rude conduct in the same match by the same team member is sanctioned by expulsion with no other consequences
- Disqualification
  - A team member who is sanctioned by disqualification must be substituted legally and immediately if on court and must leave the Competition-Control Area for the rest of the match with no other consequences

Full Rules: [https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Volleyball-Beach-Rules-2020.pdf?\\_ga=2.259787722.1101622907.1616678234-356683431.1596462019](https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Volleyball-Beach-Rules-2020.pdf?_ga=2.259787722.1101622907.1616678234-356683431.1596462019)