

For registration purposes athletes may only enter certain events based on their skill level. These events are progression events where the purpose is to learn the skills and techniques needed to compete in the traditional event. If the athlete already has the ability to compete in the traditional event, they should not enter the lower level event.

If an athlete is registered for:

Running Long Jump
Shot Put & Mini Javelin
Running Events
Wheelchair Events
Developmental Events

They cannot also be registered for (and vice versa):

Standing Long Jump
Softball Throw
Walking Events
Running and/or Walking events
All Other Traditional Events

Additionally, if an athlete has the ability to run the 50 Meter Dash in less than 10 seconds he/she should be entered into the 100 Meter Dash.