



**Special Olympics Michigan
SpartanNash Healthy Athlete of the Year Award**

I. Purpose

This annual award recognizes a SOMI athlete who exemplifies a healthy life-style and the Special Olympics Athlete Oath.

II. Criteria

- The athlete must strive for wellness, a balance of the mind, body and spirit.
- The ideal candidate should eat a well-balanced diet and dedicate time outside of Special Olympics training and competitions to exercise.
- He/she will be brave in all attempts and will promote healthy living to fellow SOMI athletes.
- He/she must be a Global Messenger or have the ability to become a Global Messenger, as the selected athlete will have numerous public speaking engagements dictated by SOMI and Spartan Stores, Inc.

III. Method of Nomination

Each area may submit one name for the Healthy Athlete to the state office using the attached nomination form. Nominations must be submitted no later than **March 16, 2020**. Please email to Grace Maiullo at grace.maiullo@somi.org.

A selection committee from Spartan Stores will review all nominations and select the SOMI Inspirational Athlete.

IV. Award Presentation

This award will be presented at the 2020 State Summer Games Opening Ceremony.



SpartanNash Healthy Athlete of the Year Award Nomination Form

Area: _____ Nominee Name: _____

Address: _____

Telephone: _____ Email Address: _____

If this athlete is not chosen for the award, would you like a letter sent congratulating him or her on being nominated? _____ Y/N

Please answer each question of this nomination form.

Number of years the athlete has been involved with Special Olympics: _____

What sports do they compete in? _____

What is the athlete's date of birth? _____ Do they attend school or college? ____

If so, which one? _____

Are they involved on any committees or groups? _____ If yes, name them:

How does the athlete spread the word about the Special Olympics Movement? _____

Is the athlete employed? _____ If yes, where and for how long? _____

Describe how the nominee best exemplifies a healthy life-style. _____

Describe how the nominee best exemplifies the motto, "Let me win. But if I cannot win, let me be brave in the attempt."

Special Olympics Michigan

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Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities



How does the nominee strive for wellness, a balance of mind, body and spirit? _____

How does the nominee complete a well balanced diet and dedicate time outside of Special Olympics training and competitions to exercise? _____

Provide an example of the nominee exhibiting a positive attitude while being brave in all attempts and promoting healthy living to fellow SOMI athletes. _____

How has involvement with SOMI changed their life? _____

How does the nominee display good sportsmanship and appreciation for fellow athletes?

Is there any other information you feel the committee members should consider?

Is the nominee a current SOMI trained Global Messenger _____ Y/N

If no, does the nominee have the ability to become a Global Messenger _____ Y/N

Area Director's Signature: _____ Date: _____