

IMPORTANT LOCATIONS & NUMBERS

ADDRESSES

NUMBERS

Grand Traverse Resort & Spa 100 Grand Traverse Village Blvd. Acme, MI 49610 Front Desk: **(231) 534-6400** / "0" if calling on site Nerve Center extension: **6875** Medical 24 hours extension: **6870**

Schuss Mountain 5780 Shanty Creek Rd. Bellaire, MI 49615 Nerve Center: **(231) 533-3071** Ski Patrol/Medical: **(800) 678-4111** ext. **3380**

Howe Arena 1125 W Civic Center Dr. Traverse City, MI 49686 Grand Travers Resort & Spa Front Desk: **(231) 534-6400** Nerve Center extension: **6875**

Emergency Information

Should a medical situation, emergency, or injury occur during the Games, please contact the Games medical staff at Grand Traverse Resort & Spa (GTRS), the Schuss ski patrol room, or the Howe Arena medical staff.

GENERAL INFORMATION

Lost Athlete

In the case of lost athlete(s), report or direct them to the nearest Games Committee or medical staff member. They will look after the athlete for 15 minutes. If at GTRS and no one is available to help, call the Nerve Center or take the lost athlete there. The athlete will remain there until an Area Director or chaperone comes to get them. The procedure is the same at all venue sites.

Crowd Disruption

If there is an immediate threat, take cover or evacuate and, if possible, notify 911 immediately providing as many details as possible (location, physical description, etc.). When safe to do so, assist in getting delegations to a safe location. Do not engage the armed, aggressive, or threatening individual(s).

Nerve Center

In order to keep you up-to-date during the Games, the Nerve Center will notify all rooms by phone of any changes. This update will include information on weather conditions, schedule changes, etc. The Nerve Center is located in GTRS Michigan Ballroom C. Special Olympics Michigan's website will also be updated regularly through out the duration of the event (www.somi.org).

GTRS Nerve Center Nerve Center Schedule

- Tuesday: 9:00 a.m. 10:00 p.m.
- Wednesday & Thursday: 7:00 a.m. 10:00 p.m.
- Friday: 7:00 a.m. 1:00 p.m.

Schuss / Shanty Creek Resort Nerve Center Schedule

- Wednesday & Thursday: 7:30 a.m. 4:30 p.m.
- Friday: 7:30 a.m. Noon

GENERAL INFORMATION

Athlete Wristbands

Athlete wristbands will be in the Area Director box given upon arrival at the Games and must be worn at all times. They serve as meal tickets and as a means of identification. An orange band signifies special medical conditions. If a band is lost, report immediately to the Nerve Center for a replacement. Wristbands will also be issued for athlete guests.

Sports Information

Competition bibs will be given to each non-skating athlete and must be worn during all practices, time trials, and finals competition. The number on the bib or the athlete's name may be used to call athletes for heats. If a bib is lost, report immediately to the Nerve Center for a replacement. Only athletes with bibs that have black numbers may ride the chairlift.

Severe Weather

In the case of extreme weather, events will be delayed or canceled until we can safely resume. Delays will only occur in the morning and may last up to one hour. Lack of snow or other conditions, which do not allow an event to be held, will be dealt with on an individual basis. All changes will be posted in the Nerve Center.

Prohibited activities

- No smoking at competition venues. All hotel rooms and restaurants are non-smoking. Smoking is only allowed in designated areas.
- No pets allowed in hotel or at venue sites.
- No swimming allowed for the safety of our entire delegation.

GENERAL INFORMATION

Uniforms

Uniform guidelines are strictly enforced. All athletes must compete in the appropriate uniform. Athletes may not wear denim when competing at any venue site or disqualification will result.

Lost & Found

A lost and found box will be located at GTRS in the Nerve Center. Found items should be turned into the Nerve Center.

Media Check-In

Media can direct questions to Aaron Mills, Sr. Marketing and Communications Director at (231) 620-7488.

Meals

Meals are available for delegation members and volunteers only. Family members can eat in one of the hotel restaurants. Your ID wristbands must be shown at the door to gain access.

GENERAL SCHEDULE

The following is the general schedule for the 2020 Winter Games. As details surrounding specific events may change due to unforseen circumstances (inclemate weather, facilities issues, etc.), please connect at somi.org/state-winter-games for the latest schedule of events.

TUESDAY

5:30 p.m. - 8:00 p.m.

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TIME	EVENT	LOCATION	TIME	EVENT	LOCATION
9:00 a.m 10:00 p.m.	Nerve Center	Michigan Ballrooms	5:30 p.m 8:00 p.m.	Rowing Clinic	Peninsula Rooms ABC
10:00 a.m 1:00 p.m.	Area Director Arrival & Key Pickup	Registration Desk (Packet pickup - Nerve	6:00 p.m.	Drop/add & housing corrections due	Nerve Center
12:30 p.m 1:30 p.m.	Area Directors	Center) Michigan Ballrooms	6:00 p.m 9:00 p.m.	Broomball	GTRS Grounds
12.30 p.m 1.30 p.m.	Meeting		7:00 p.m 9:00 p.m.	Snow Volleyball, Ice Bowling & Ice Boccee	GTRS Grounds
2:00 p.m 3:00 p.m.	Games Committee Meeting	Michigan Ballrooms	7:00 p.m 9:30 p.m.	Head coaches meeting	Michigan Ballroom
2:00 p.m 4:00 p.m.	Delegation Arrival/ Registration	Front Lobby		- 7:00 p.m Alpine/ Snowboarding - 7:30 p.m Cross Country	
3:00 p.m.	Medical opens	Michigan Ballrooms			
3:00 p.m 4:00 p.m.	Volunteer meeting	Michigan Ballrooms		- 8:00 p.m Figure/	
3:00 p.m 7:00 p.m.	Wertz Warriors Souvenir Sales	Gov. Hall Prefunction Area		Speedskating - 8:30 p.m Snowshoe	
3:00 p.m 9:00 p.m.	Souvenir Sales	Gov. Hall Prefunction	7:30 p.m 8:30 p.m.	Drop-in DJ	Tower A/B
	V. I	Area	7:30 p.m 8:30 p.m.	Unified / Regular Tug of War Preliminaries	GTRS Grounds by Tennis Court
4:00 p.m 5:00 p.m.	Volunteer Check-in	Michigan Prefunction Area	9:30 p.m 10:00 p.m.	Fire Safety Meeting	Michigan Ballrooms
4:30 p.m 6:30 p.m.	Dinner	GTRS Gov. Hall	9:45 p.m.	Medical Team meeting	Michigan Ballrooms
5:30 p.m 7:30 p.m.	Winter Carnival	Tower A/B	10:00 p.m Midnight	Games Committee,	Tower A/B
5:30 p.m 7:30 p.m.	Sound Production Photobooth	Mackinaw BC		Volunteers & SOMI Staf	f

Special Events area

WEDNESDAY

TIME	EVENT	LOCATION	TIME	EVENT	LOCATION		
6:00 a.m 9:00 a.m.	Breakfast	GTRS Gov. Hall	1:00 p.m.	Time Trials continue	All Sports Venues		
6:45 a.m.	Volunteer Bus leaves GTRS for Schuss		1:00 p.m 3:00 p.m.	Outdoor Wagon rides	Club House entrance		
7:00 a.m 10:00 p.m.	Nerve Center	Michigan Ballrooms	1:30 p.m 3:00 p.m.	Drop-in Bowling			
7:00 a.m 9:30 a.m.	Volunteer Check-in	Michigan Prefunction Area (move to Nerve	1:30 p.m 3:00 p.m.	Sledding Hill opens	GTRS Grounds behind Gov. Hall		
7:00 a.m.	Bus leaves GTRS for	Center at 9:30 a.m.)	1:00 p.m 4:00 p.m.	Rowing Clinic	Peninsula ABC		
	Howe Arena		1:00 p.m 4:00 p.m.	Therapy Dogs	GTRS Gov. Hall Prefunction Area		
7:15 a.m.	Athlete Bus leaves GTRS for Schuss		2:15 p.m.	25M Snowshoe Finals begin			
7:30 a.m 4:30 p.m.	Schuss Nerve Center/ Information/Volunteer Check-in/Parent		3:30 p.m 5:00 p.m.	Wertz Warriors Athlete Snowmobile rides	Driving range by Clubhouse		
8:00 a.m.	Hospitality Time Trials begin	GTRS & Howe Arena	4:00 p.m.	Bus returns to GTRS from Howe Arena			
8:15 a.m.	-	Schuss	4:00 p.m 6:00 p.m.	Dinner	GTRS Gov. Hall		
	Time Trials begin		5:00 p.m 6:00 p.m.	Wertz Warriors Dinner	Michigan Ballrooms		
9:30 a.m Noon	GTRS Special Events - Health promotions	Various locations - Peninsula Rooms ABC	6:00 p.m.	VIP Check-in	Northwoods Room		
	- Arts & Crafts, Open	- Special Events Areas	1	ın - '	6:00 p.m 7:00 p.m.	Wertz Warriors Autograph Sessions	Towers A/B
	Dance, Performance Stations - Therapy Dogs	- Tower Prefunction	6:00 p.m 9:00 p.m.	Wertz Warriors Souvenir Sales	GTRS Gov. Hall Prefunction Area		
10:00 a.m - 2:00 p.m.	Schuss Outdoor	Sledding Hill	6:45 p.m.	VIP Seating for Opening Ceremony	GTRS Gov. Hall - Stage Area		
10:00 a.m 5:00 p.m.	Special Events Wertz Warriors	GTRS Gov. Hall	7:00 p.m.	Doors open for Openining Ceremony			
10:00 a.m 6:00 p.m.	Souvenir Sales SOMI Souvenir sales	Prefunction GTRS Gov. Hall	7:00 p.m.	Wertz Warriors Line-up	GTRS Gov. Hall Prefunction		
		Prefunction	7:30 p.m 8:15 p.m.	Opening Ceremony	GTRS Gov. Hall		
11:00 a.m 1:30 p.m.	Lunch	GTRS Gov. Hall & Ivan's (Schuss)	8:15 p.m 9:30 p.m.	Drop-in DJ	Tower A/B		
11:30 a.m.	Bus returns to GTRS	(30,1033)	8:15 p.m 9:00 p.m.	Rowing Finals	Peninsula ABC		
	from Howe Arena with figure skaters		8:15 p.m 9:30 p.m.	Sound Productions Photobooth	Mackinaw A		
12:00 p.m 1:00 p.m.	Board Lunch	Council Room	8:15 p.m 9:00 p.m.	Karaoke	Tower C		
12:15 p.m.	Bus leaves GTRS for Howe Arena		8:30 p.m 9:30 p.m.	Tug of War & Broom- ball Finals	GTRS Grounds by Tennis Court		
			8:30 p.m 10:00 p.m.	VIP Reception	Directors Room		

GENERAL SCHEDULE

THURSDAY

TIME	EVENT	LOCATION
6:00 a.m 9:00 a.m.	Breakfast	GTRS Gov. Hall
6:45 a.m.	Volunteer Bus leaves GTRS for Schuss	
7:00 a.m 10:00 p.m.	Nerve Center	Michigan Ballrooms
7:00 a.m 9:30 a.m.	Volunteer Check-in	Michigan Prefunction Area (move to Nerve Center at 9:30 a.m.)
7:00 a.m.	Bus leaves GTRS for Howe Arena	
7:15 a.m.	Athlete Bus leaves GTRS for Schuss	
7:30 a.m 3:30 p.m.	Schuss Nerve Center/ Information/Volunteer Check-in/Parent Hospitality	
8:00 a.m.	Final Competition begins	GTRS & Howe Arena
8:15 a.m.	Final Competition begins	Schuss
9:00 a.m 12:00 p.m.	My Chance to Dance, Art & Crafts, Performance Stations, Therapy Dogs, Cardio Drums	Special Events Area
9:00 a.m 12:00 p.m.	Paraffin & Massage	Peninsula BC
9:00 a.m 12:00 p.m.	Health Promotions	Mackinac A
10:00 a.m 11:30 a.m.	Sledding Hill opens	GTRS Grounds behind Gov. Hall
10:00 a.m - 2:00 p.m.	Schuss Outdoor Special Events	Bottom of Yellow Chair
10:00 a.m 6:00 p.m.	SOMI Souvenir sales	GTRS Gov. Hall Prefunction
11:00 a.m 1:30 p.m.	Lunch	GTRS Gov. Hall & Ivan's (Schuss)

TIME	EVENT	LOCATION
12:00 p.m.	Bus returns to GTRS from Howe Arena	
12:15 p.m.	Bus leaves GTRS for Howe Arena	
1:00 p.m 3:00 p.m.	Wagon rides	Club House Entrance
1:00 p.m 4:00 p.m.	Finals Competition continues	All Sport Venues
1:00 p.m 4:00 p.m.	Paraffin & Massage	Peninsula BC
1:15 p.m 3:30 p.m.	Sledding Hill opens	GTRS Grounds behind Gov. Hall
1:30 p.m 3:00 p.m.	Drop In Bowling	GTRS Gov. Hall Prefunction area
1:00 p.m 4:00 p.m.	Health Promotions, My Chance to Dance, Arts & Crafts, Cardio Drumming, Performance Stations	
4:00 p.m.	Bus returns from Howe Arena	2
4:30 p.m 6:30 p.m.	Dinner	GTRS Gov. Hall
7:30 p.m 9:30 p.m.	Closing Ceremony & Victory Dance "Hoedown"	GTRS Gov. Hall
7:45 p.m 9:15 p.m.	Movie "Snow Dogs"	Peninsula A



TIME	EVENT	LOCATION
6:00 a.m 9:00 a.m.	Breakfast	GTRS Gov. Hall
6:45 a.m.	Volunteer Bus leaves GTRS for Schuss	
7:00 a.m 1:00 p.m.	Nerve Center	Michigan Ballrooms
7:00 a.m 9:00 a.m.	Volunteer Check-in	Michigan Prefunction Area
7:15 a.m.	Athlete Bus leaves GTRS for Schuss	
7:30 a.m Noon	Schuss Nerve Center/ Information/Volunteer Check-in/Parent Hospitality	
8:00 a.m.	Final Competition continues	GTRS
8:15 a.m.	Cross Country Finals Competition continue	Schuss
8:15 a.m.	Alpine Finals Competition continue	Schuss
11:00 a.m 1:00 p.m.	Pre-ordered lunch pickup	Michigan EFGH
12:30 p.m.	Areas Checkout - ADs may keep one room until 1:00 p.m.	GTRS
1:00 p.m.	CMU Volunteer Bus leaves GTRS for Mt. Pleasant	

COMPETITION SCHEDULE ALPINE SKIING

COACHES MEETING Tuesday - 7:00 p.m. GTRS Michigan Ballroom

ocation: Schuss Village at Shanty Creek Resort

- The first "full" bus will leave GTRS at 7:15 a.m.
- Busses will run on a continuous basis starting at approximately 9:00 a.m. from GTRS when the first full busses return from Schuss.
- Athletes will have the opportunity to do two (2) time trial runs.
- During time trials, if an athlete is disqualified on the first run they may have a second run and should return immediately to the top of the hill.
- Athletes should show up twenty (20) minutes at the top of the hill before scheduled event for staging.
- Course will close fifteen (15) minutes prior to the start of a race in gate practice.
- Supervised athletes may "free ski" when their level is not competing and before the last bus leaves.
- Athletes will be subject to disqualification if they create a safety hazard on the slopes.
- Warming area and hot chocolate will be located in Ivan's and at the Snow Sports Center Deck.
- Keep athletes from using Terrain Parks due to safety issues.
- Uniform rule and helmet rule will be enforced.

HILL NAMES

- Level 1: Chick Race Arena
- Level 2: Mellow Yellow
- Level 3: Good Knight
- Level 2/3: Unified will use Mellow Yellow

COMPETITION SCHEDULE ALPINE SKIING

	TIME	LEVEL	TYPE	GENDER	AGES
	8:30 a.m.	2	Gate Practice	M/F	All
	9:00 a.m.	2/3	Unified TT	M/F	All
	9:30 a.m.	1	Gate Practice	M/F	All
	9:30 a.m.	3	Gate Practice	M/F	All
WEDNESDAY	10:00 a.m.	1	Time Trial	M/F	All
	10:00 a.m.	2	Time Trial	M/F	All
	10:00 a.m.	3	Time Trial	M/F	All
	1:00 p.m.	2/3	Unified Slalom	M/F	All
	3:00 p.m.	2/3	Unified Giant Slalom	M/F	All
	8:15 a.m.	2	Gate Practice	M/F	All
	8:15 a.m.	3	Gate Practice	M/F	All
	9:00 a.m.	1	Gate Practice	M/F	All
	9:00 a.m	2	Slalom	F	All
	9:00 a.m	3	Slalom	F	All
THURSDAY	9:30 a.m.	1	Giant Slalom	M/F	All
HIOKSDAI	9:30 a.m.	3	Slalom	М	All
	9:30 a.m.	2	Slalom	. М	All
	10:30 a.m.	1	Super G	M/F	All
	11:15 a.m.	11	Slalom	M/F	All
	11:30 a.m.	3	Super G	M/F	All
	1:00 p.m.	2 2 0 0	Super G	M/F	All
	8:15 a.m.	2	Gate Practice	M/F	All
	8:15 a.m.	3	Gate Practice	M/F	All
FRIDAY	9:00 a.m.	2	Giant Slalom	F	All
	9:00 a.m.	3	Giant Slalom	M/F	All
	9:30 a.m.	2	Giant Slalom	М	All

COMPETITION SCHEDULE CROSS COUNTRY

COACHES MEETING Tuesday - 7:30 p.m. GTRS Michigan Ballroom

ocation: Schuss Village at Shanty Creek Resort

- Any athlete entered in the 50 and/or 100 Meter must do a 50 Meter Time Trial.
- Any athlete entered in the 250 and/or 500 Meter must do a 250 Meter Time Trial.
- Any athlete entered in the 1, 3 and/or 5 Kilometer must do a 1 Kilometer Time Trial.
- Athletes should show up thirty (30) minutes before scheduled event for staging.
- The age division breakdown for competition is as follows:

Juniors (Jrs.) 8-15 years old Seniors (Srs.) 16-21 years old Masters (Masters) 22+ years old

Note: These categories are subject to change depending on the number of athletes competing.

The first full bus will leave GTRS at 7:15 a.m. Busses will run continuously starting at approximately 9:00 a.m. from GTRS.

Warming areas and hot chocolate will be located at the Nordic Center Desk.

Athletes who cannot complete a race will be disqualified.

Uniform rule will be strictly enforced.



COMPETITION SCHEDULE CROSS COUNTRY

	TIME	DISTANCE	TYPE	GENDER	AGES
	9:00 a.m.	50 M	Time Trials	M/F	Masters
	9:30 a.m.	50 M	Time Trials	M/F	Srs.
	9:45 a.m.	50 M	Time Trials	M/F	Jrs.
WEDNESDAY	10:15 a.m.	1K	Time Trials	M/F	Jrs./Srs.
	10:30 a.m.	1K	Time Trials	M/F	Masters
	1:00 p.m.	250 M	Time Trials	М	Masters
	1:30 p.m.	250 M	Time Trials	F	Masters
	1:45 p.m.	250 M	Time Trials	М	Srs.
	2:00 p.m.	250 M	Time Trials	F	Srs.
	2:15 p.m.	250 M	Time Trials	M/F	Jrs.
	8:45 a.m.	4x1K Relay	Finals	M/F	All Ages
	9:00 a.m.	500 M	Finals	М	Srs./Masters
	9:30 a.m.	500 M	Finals	F	Srs./Masters
	9:45 a.m.	500 M	Finals	M/F	Jrs.
	10:00 a.m.	50 M	Finals	M	Masters
	10:15 a.m.	50 M	Finals	F	Masters
THURSDAY	10:30 a.m.	50 M	Finals	M/F	Jrs./Srs.
	1:00 p.m.	1K	Finals	M/F	Jrs./Srs.
	1:15 p.m.	1K	Finals	M/F	Masters
	1:30 p.m.	250 M	Finals	М	Masters
	2:00 p.m.	250 M	Finals	F	Masters
	2:15 p.m.	250 M	Finals	M/F	Jrs./Srs.
	2:30 p.m.	2.5K	Finals	M/F	All Ages
	8:45 a.m.	5K	Finals	M/F	All Ages
FRIDAY	9:15 a.m.	100 M	Finals	M/F	Masters •
PRIDAI	9:30 a.m.	100 M	Finals	M/F	Srs.
	9:45 a.m.	100 M	Finals	M/F	Jrs.



COMPETITION SCHEDULE FIGURE SKATING

COACHES MEETING Tuesday - 8:00 p.m. GTRS Michigan Ballroom

Location: Howe Arena

- Figure skaters must wear figure skates.
- Athletes who cannot complete the event during the preliminary round may be moved to a lower level.
- Athletes who cannot complete the requirements during the finals will be disqualified.
- Traverse City Beauty College will be on-site to do hair & make-up for athletes on Thursday.
- Uniform rule will be enforced.
- The first bus leaves GTRS promptly at 7:15 a.m. both Wednesday and Thursday.



COMPETITION SCHEDULE FIGURE SKATING

	TIME	LEVEL	TYPE	AGES
WEDNESDAY	7:55 a.m.	Unified Pairs/Level IV Short program	Warm up	All Ages
	8:00 a.m.	Level 4 Short program Level I Unified Pairs Level II Unified Pairs	Compete Compete Compete	All Ages
	8:30 a.m.	Singles L1 & L2 Singles L1 & L2	Warm up Compete	All Ages
	9:30 a.m.	Singles L3 & L4 Single L3 Singles L4 Long Program	Warm up Compete Compete	All Ages
	10:25 a.m.	Ice Dance all levels Ice Dance L1 Ice Dance L2 Ice Dance L3	Warm up Compete Compete Compete	All Ages
	11:00 a.m.	Pairs - All levels Pairs	Warm up Compete	All Ages
	7:55 a.m.	Unified Pairs/Level IV Short program	Warm up	All Ages
	8:00 a.m.	Level 4 Short program Level I Unified Pairs Level II Unified Pairs	Compete Compete Compete	All Ages
	8:30 a.m.	Singles L1 & L2 Singles L1 & L2	Warm up Compete	All Ages
THURSDAY	9:30 a.m.	Singles L3 & L4 Single L3 Singles L4 Long Program	Warm up Compete Compete	All Ages
	10:25 a.m.	Ice Dance all levels Ice Dance L1 Ice Dance L2 Ice Dance L3	Warm up Compete Compete Compete	All Ages
	11:00 a.m.	Pairs All Levels Pairs All Levels	Warm up Compete	All Ages



COMPETITION SCHEDULE SNOWBOARDING

COACHES MEETING Tuesday - 7:00 p.m. GTRS Michigan Ballroom

Location: Schuss Village at Shanty Creek Resort

- The first "full" bus will leave GTRS at 7:15 a.m. or 7:30 a.m.
- Busses will run on a continuous basis starting at approximately 9:00
 a.m. from GTRS when the first full busses return from Schuss.
- Athletes will have the opportunity to do two (2) time trial runs.
- During time trials if an athlete is disqualified on the first run they
 may have a second run and should return immediately to the top of
 the hill.
- Athletes should show up twenty (20) minutes at the top of the hill before scheduled event for staging.
- Course will close fifteen (15) minutes prior to the start of a race in gate practice.
- Supervised athletes may "free board" when their level is not competing and before the last bus leaves.
- Athletes will be subject to disqualification if they create a safety hazard on the slopes.
- Warming area and hot chocolate will be located in Ivan's and at the Snow Sports Center Deck.
- Athletes are prohibited from using Terrain Parks due to safety issues.
- Uniform rule and helmet rule will be enforced.
- Gate practice and time trials are done on a Giant Slalom course.

COMPETITION SCHEDULE SNOWBOARDING

	TIME	LEVEL	ТҮРЕ	GENDER	AGES
	1:00 p.m.	1	Gate Practice	M/F	All Ages
WEDNESDAY	1:00 p.m.	3	Gate Practice	M/F	All Ages
	1:30 p.m.	1	Time Trials	M/F	All Ages
WEDNESDAT	1:30 p.m.	3	Time Trials	M/F	All Ages
	2:00 p.m.	2	Gate Practice	M/F	All Ages
	2:30 p.m.	2	Time Trials	M/F	All Ages
	1:00 p.m.	1	Gate Practice	M/F	All Ages
	1:00 p.m.	3	Gate Practice	M/F	All Ages
	1:30 p.m.	1	Giant Slalom	M/F	All Ages
	1:30 p.m.	3	Giant Slalom	M/F	All Ages
THURSDAY	1:30 p.m.	2	Gate Practice	M/F	All Ages
	2:00 p.m.	2	Slalom	M/F	All Ages
	2:15 p.m.	1 1 .	Slalom	M/F	All Ages
	2:15 p.m.	3	Slalom	M/F	All Ages
	2:30 p.m.	2 2	Giant Slalom	M/F	All Ages

HILL NAMES

Level 1: Chick Race Arena

Level 2: Mellow Yellow

Level 3 : Good Knight
Level 2/3 : Unified will use Mellow Yellow

COMPETITION SCHEDULE SPEED SKATING

COACHES MEETING Tuesday - 8:00 p.m. GTRS Michigan Ballroom

ocation: Howe Arena

- All speed skaters will eat lunch at 11:00 a.m. on Wednesday and Thursday.
- All athletes will participate in preliminary rounds on Wednesday.
- Speed Skaters may wear Hockey or Speed Skates.
- All athletes must wear knee pads, protective gloves, shin guards, a cut-resistant throat protector, and a safety helmet.
- Uniform rule will be enforced.
- The first bus leaves GTRS promptly at 12:15 p.m. both Wednesday and Thursday.
- Following the afternoon events, the bus will return to GTRS at 3:00 p.m. both Wednesday and Thursday.

COMPETITION SCHEDULE SPEED SKATING

	TIME	LEVEL	TYPE	GENDER	AGES
	1:15 p.m.	300 M	Time Trial	M/F	All Ages
	1:30 p.m.	800 M	Time Trial	M/F	All Ages
WEDNESDAY	1:45 p.m.	100 M	Time Trial	M/F	All Ages
	2:15 p.m.	500 M	Time Trial	M/F	All Ages
THURSDAY	1:15 p.m.	300 M	Finals	M/F	All Ages
	1:30 p.m.	800 M	Finals	M/F	All Ages
	2:15 p.m.	100 M	Finals	M/F	All Ages
	2:45 p.m.	500 M	Finals	M/F	All Ages



COMPETITION SCHEDULE SNOWSHOEING

COACHES MEETING Tuesday - 8:30 p.m. GTRS Michigan Ballroom

.ocation: Grand Traverse Resort & Spa Grounds

- Venue Site is located across Grand Traverse Blvd, from the main
- lobby. Follow the appropriate signage.
- Any athlete entered in the 25 Meter and/or the 50 Meter must do a 25 Meter Time Trial.
- Any athlete entered in the 200 Meter and/or 400 Meter must do a 200 Meter Time Trial.
- Please show up ten (10) minutes before your scheduled event for staging.
- The age division breakdown for competition is as follows:

Juniors (Jrs.) 8-15 years old

Seniors (Srs.) 16-21 years old

Masters (Masters) 22+ years old

Note: These categories are subject to change depending on the number of athletes competing.

Athletes who cannot finish a race will be disqualified.

Coaches need to put on snowshoes for athletes.

Uniform rule will be enforced.



COMPETITION SCHEDULE SNOWSHOEING

	TIME	LEVEL	TYPE	GENDER	AGES
WEDNESDAY	8:00 a.m.	25M/50M	Time Trials	M/F	All Ages
	9:20 a.m.	100M/200M/400M	Time Trials	M/F	All Ages
	10:45 a.m.	Relay	Time Trials	M/F	All Ages
	2:15 p.m.	25M	Finals	M/F	Masters
	3:00 p.m.	25M	Finals	M/F	Seniors
	3:30 p.m.	25M	Finals	M/F	Juniors
	8:00 a.m.	50M	Finals	М	Masters
	8:45 a.m.	50M	Finals	F	Masters
	9:30 a.m.	50M	Finals	М	Seniors
	10:00 a.m.	50M	Finals	F	Seniors
	10:30 a.m.	50M	Finals	М	Juniors
	10:45 a.m.	50M	Finals	F	Juniors
THURSDAY	11:00 a.m.	4x100 Relay	Finals	M/F	All Ages
IHUKSDAT	1:00 p.m.	400M	Finals	M/F	All Ages
	1:30 p.m.	200M	Finals	М	All Ages
	1:30 p.m.	200M	Finals	F	All Ages
	2:00 p.m.	100M	Finals	М	Seniors
	2:30 p.m.	100M	Finals	F	Seniors
	3:00 a.m.	100M	Finals	М	Juniors
	3:30 a.m.	100M	Finals	F	Juniors
EDIDAY	8:00 a.m.	100M	Finals	М	Masters
FRIDAY	9:15 a.m.	100M	Finals	F	Masters



PROUD PARTNERS

WINTER GAMES PRESENTING PARTNER & STATEWIDE CIVIC PARTNER



STATEWIDE PREMIER MEDALLION PARTNER



STATEWIDE LEGEND PARTNER



STATEWIDE VICTOR PARTNER



STATEWIDE UNIFIED SPORTS & VICTOR PARTNER

TOYOTA

STATEWIDE CIVIC PARTNERS







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