

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Rope Level B

Name _____ Number _____ Division _____

Segments	Value	Score
1. Circle the rope. Tilt head.	1.0	
2. Spin the rope. Twist the rope	1.0	
3. Figure 8s	1.0	
4 Overhead rotations	1.0	
5. Slide the hand to grasp the rope with two hands & raise overhead to the ending pose.	1.0	
Total Score	max 5.0	

Judge's Signature _____

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GY Rhythmic Ball Level B

Name _____ Number _____ Division _____

Segments	Value	Score
1. Touch the ball to hips	1.0	
2. Frontal circle	1.0	
3. Twist the ball	1.0	
4. Roll the ball in & out the arms	1.0	
5. Touch the ball to shoulders. Toss with two hands & trap. Roll the ball out the arms.	1.0	
Total Score	max 5.0	

Judge's Signature _____

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Clubs Level B

Name _____ Number _____ Division _____

Segments	Value	Score
1. Shake the clubs	1.0	
2. Circle the clubs. Slide hands to grasp the head of the clubs.	1.0	
3. Roll the clubs	1.0	
4. Open the arms to the sides. Swing to the front. Tap clubs.	1.0	
5. Raise arms overhead. Lower right arm to the side. Change arms. Raise left arm overhead. Lower arms to the ending pose.	1.0	
Total Score	max 5.0	

Judge's Signature _____

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Ribbon Level B

Name _____ Number _____ Division _____

Segments	Value	Score
1. Spirals	1.0	
2. Swing the ribbon up. Horizontal snakes down in front of the body.	1.0	
3. Swings over the shoulders	1.0	
4. Overhead circles	1.0	
5. Overhead swings to the ending pose	1.0	
Total Score	max 5.0	

Judge's Signature _____