

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL A - VAULTING - PANEL D**

MAXIMUM FINAL SCORE = 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00		Coaching, each time - Max 4.00 - Physical assistance. Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50		DIFFICULTY	
2. MOVE TO A DESIGNATED POINT	2.00			0.30			
3. STICK LANDING (STOP)	2.00			0.10		NEUTRAL DEDUCTION	
4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00					FINAL D SCORE (MAX 8.00)	

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00		Coaching, each time - Max 4.00 - Physical assistance. Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50		DIFFICULTY	
2. MOVE TO A DESIGNATED POINT	2.00			0.30			
3. STICK LANDING (STOP)	2.00			0.10		NEUTRAL DEDUCTION	
4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00					FINAL D SCORE (MAX 8.00)	

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00		Coaching, each time - Max 4.00 - Physical assistance. Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50		DIFFICULTY	
2. MOVE TO A DESIGNATED POINT	2.00			0.30			
3. STICK LANDING (STOP)	2.00			0.10		NEUTRAL DEDUCTION	
4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00					FINAL D SCORE (MAX 8.00)	

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00		Coaching, each time - Max 4.00 - Physical assistance. Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50		DIFFICULTY	
2. MOVE TO A DESIGNATED POINT	2.00			0.30			
3. STICK LANDING (STOP)	2.00			0.10		NEUTRAL DEDUCTION	
4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD	2.00					FINAL D SCORE (MAX 8.00)	

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL A - VAULTING - PANEL E**

Athlete's Name:		BIB Number:		Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	VAULT 1 MAXIMUM DEDUCTIONS 2.00	VAULT 2 MAXIMUM DEDUCTIONS 2.00	TABULATE	SCORE	

1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD 2. MOVE TO A DESIGNATED POINT 3. STICK LANDING (STOP) 4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD			VAULT 1: START VALUE	2.00
			EXECUTION DEDUCTION	
			FINAL E SCORE (MAX 2.00)	
			VAULT 2: START VALUE	2.00
EXECUTION DEDUCTION				
FINAL E SCORE (MAX 2.00)				

Athlete's Name:		BIB Number:		Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	VAULT 1 MAXIMUM DEDUCTIONS 2.00	VAULT 2 MAXIMUM DEDUCTIONS 2.00	TABULATE	SCORE	

1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD 2. MOVE TO A DESIGNATED POINT 3. STICK LANDING (STOP) 4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD			VAULT 1: START VALUE	2.00
			EXECUTION DEDUCTION	
			FINAL E SCORE (MAX 2.00)	
			VAULT 2: START VALUE	2.00
EXECUTION DEDUCTION				
FINAL E SCORE (MAX 2.00)				

Athlete's Name:		BIB Number:		Level: A	
VAULT PERFORMED WITH A WHEELCHAIR, WALKER OR OTHER ASSISTANCE	VAULT 1 MAXIMUM DEDUCTIONS 2.00	VAULT 2 MAXIMUM DEDUCTIONS 2.00	TABULATE	SCORE	

1. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD 2. MOVE TO A DESIGNATED POINT 3. STICK LANDING (STOP) 4. SALUTE TO JUDGE WITH ONE ARM OR HEAD NOD			VAULT 1: START VALUE	2.00
			EXECUTION DEDUCTION	
			FINAL E SCORE (MAX 2.00)	
			VAULT 2: START VALUE	2.00
EXECUTION DEDUCTION				
FINAL E SCORE (MAX 2.00)				

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL B - VAULTING - PANEL D**

MAXIMUM FINAL SCORE = 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: B	
VAULT	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. STAND AT ATTENTION ON SPRINGBOARD	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	_____ _____ _____ _____	
2. SALUTE TO JUDGE	1.50	____ ____						
3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	____ ____						
4. STICK LANDING	2.00	____ ____						
5. SALUTE TO JUDGE	1.50	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: B	
VAULT	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. STAND AT ATTENTION ON SPRINGBOARD	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	_____ _____ _____ _____	
2. SALUTE TO JUDGE	1.50	____ ____						
3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	____ ____						
4. STICK LANDING	2.00	____ ____						
5. SALUTE TO JUDGE	1.50	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: B	
VAULT	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. STAND AT ATTENTION ON SPRINGBOARD	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	_____ _____ _____ _____	
2. SALUTE TO JUDGE	1.50	____ ____						
3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	____ ____						
4. STICK LANDING	2.00	____ ____						
5. SALUTE TO JUDGE	1.50	____ ____						

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL B - VAULTING - PANEL E**

Athlete's Name:		BIB Number:		Level: B		
VAULT	VAULT 1 MAXIMUM DEDUCTIONS 2.50	VAULT 2 MAXIMUM DEDUCTIONS 2.50	TABULATE	SCORE		
1. STAND AT ATTENTION ON SPRINGBOARD 2. SALUTE TO JUDGE 3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 4. STICK LANDING 5. SALUTE TO JUDGE			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00		
				VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00	

Athlete's Name:		BIB Number:		Level: B		
VAULT	VAULT 1 MAXIMUM DEDUCTIONS 2.50	VAULT 2 MAXIMUM DEDUCTIONS 2.50	TABULATE	SCORE		
1. STAND AT ATTENTION ON SPRINGBOARD 2. SALUTE TO JUDGE 3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 4. STICK LANDING 5. SALUTE TO JUDGE			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00		
				VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00	

Athlete's Name:		BIB Number:		Level: B		
VAULT	VAULT 1 MAXIMUM DEDUCTIONS 2.50	VAULT 2 MAXIMUM DEDUCTIONS 2.50	TABULATE	SCORE		
1. STAND AT ATTENTION ON SPRINGBOARD 2. SALUTE TO JUDGE 3. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 4. STICK LANDING 5. SALUTE TO JUDGE			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00		
				VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE (MAX 2.50)	2.00	

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL C - VAULTING - PANEL D**

MAXIMUM FINAL SCORE: OPTION 1 = 9.00 OPTION 2 = 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: C	
VAULT - OPTION 1 WALK OR RUN ONTO SPRINGBOARD	START VALUE 7.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	___ ___	Coaching, each time - Max 4.00				
2. RUN OR WALK ONTO SPRINGBOARD	1.00	___ ___	- Physical assistance, Spot a component	0.50		DIFFICULTY	
3. PUT FEET TOGETHER ON SPRINGBOARD	1.00	___ ___	- Verbal assistance	0.30			
4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	___ ___	- Signals	0.10		NEUTRAL DEDUCTION	
5. STICK LANDING	1.00	___ ___	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook			FINAL D SCORE (MAX 7.00)	
6. SALUTE TO JUDGE	1.00	___ ___					

VAULT - OPTION 2 HURDLE ONTO SPRINGBOARD	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	___ ___	Coaching, each time - Max 4.00				
2. RUN TOWARD SPRINGBOARD	1.00	___ ___	- Physical assistance, Spot a component	0.50		DIFFICULTY	
3. HURDLE ONTO SPRINGBOARD	1.00	___ ___	- Verbal assistance	0.30			
4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	___ ___	- Signals	0.10		NEUTRAL DEDUCTION	
5. STICK LANDING	1.00	___ ___	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook			FINAL D SCORE (MAX 8.00)	
6. SALUTE TO JUDGE	1.00	___ ___					

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: C	
VAULT - OPTION 1 WALK OR RUN ONTO SPRINGBOARD	START VALUE 7.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	___ ___	Coaching, each time - Max 4.00				
2. RUN OR WALK ONTO SPRINGBOARD	1.00	___ ___	- Physical assistance, Spot a component	0.50		DIFFICULTY	
3. PUT FEET TOGETHER ON SPRINGBOARD	1.00	___ ___	- Verbal assistance	0.30			
4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	___ ___	- Signals	0.10		NEUTRAL DEDUCTION	
5. STICK LANDING	1.00	___ ___	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook			FINAL D SCORE (MAX 7.00)	
6. SALUTE TO JUDGE	1.00	___ ___					

VAULT - OPTION 2 HURDLE ONTO SPRINGBOARD	START VALUE 8.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	___ ___	Coaching, each time - Max 4.00				
2. RUN TOWARD SPRINGBOARD	1.00	___ ___	- Physical assistance, Spot a component	0.50		DIFFICULTY	
3. HURDLE ONTO SPRINGBOARD	1.00	___ ___	- Verbal assistance	0.30			
4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT	2.00	___ ___	- Signals	0.10		NEUTRAL DEDUCTION	
5. STICK LANDING	1.00	___ ___	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook			FINAL D SCORE (MAX 8.00)	
6. SALUTE TO JUDGE	1.00	___ ___					

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL C - VAULTING - PANEL E**

Athlete's Name:		BIB Number:		Level: C	
VAULT - OPTION 1	VAULT 1 MAXIMUM DEDUCTIONS 3.00	VAULT 2 MAXIMUM DEDUCTIONS 3.00	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN OR WALK ONTO SPRINGBOARD 3. PUT FEET TOGETHER ON SPRINGBOARD 4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 5. STICK LANDING 6. SALUTE TO JUDGE			VAULT 1: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
			VAULT 2: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
VAULT - OPTION 2	VAULT 1 MAXIMUM DEDUCTIONS 3.00	VAULT 2 MAXIMUM DEDUCTIONS 3.00	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 5. STICK LANDING 6. SALUTE TO JUDGE			VAULT 1: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
			VAULT 2: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
VAULT - OPTION 1	VAULT 1 MAXIMUM DEDUCTIONS 3.00	VAULT 2 MAXIMUM DEDUCTIONS 3.00	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN OR WALK ONTO SPRINGBOARD 3. PUT FEET TOGETHER ON SPRINGBOARD 4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 5. STICK LANDING 6. SALUTE TO JUDGE			VAULT 1: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
			VAULT 2: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
VAULT - OPTION 2	VAULT 1 MAXIMUM DEDUCTIONS 3.00	VAULT 2 MAXIMUM DEDUCTIONS 3.00	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP OFF SPRINGBOARD ONTO 8" MAT 5. STICK LANDING 6. SALUTE TO JUDGE			VAULT 1: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	
			VAULT 2: START VALUE _____ EXECUTION DEDUCTION _____ FINAL E SCORE (MAX 3.00) _____	2.00	

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 1 - VAULTING - PANEL D**

MAXIMUM FINAL SCORE = 20.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 1	
VAULT	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 8" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 1	
VAULT	START VALUE 10.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 8" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 1	
VAULT	START VALUE 10.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 8" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 1 - VAULTING - PANEL E**

Athlete's Name:			BIB Number:		Level: 1	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. STAND AT ATTENTION & PRESENT TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 8" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER 7. STEP DOWN TO LUNGE 8. RETURN TO STAND AT ATTENTION & PRESENT TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

Athlete's Name:			BIB Number:		Level: 1	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 8" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER 7. STEP DOWN TO LUNGE 8. SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

Athlete's Name:			BIB Number:		Level: 1	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 8" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO 3/4 HANDSTAND OR TEETER-TOTTER 7. STEP DOWN TO LUNGE 8. SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 2 - VAULTING - PANEL D**

MAXIMUM FINAL SCORE = 20.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 2	
VAULT	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 16" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 2	
VAULT	START VALUE 10.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 16" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 2	
VAULT	START VALUE 10.00	PERFORMED VT 1 VT 2	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. SALUTE TO JUDGE	1.00	____ ____	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10	_____ _____ _____ _____ _____ _____ _____	DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)	_____ _____ _____ _____ _____ _____ _____	
2. RUN TOWARD SPRINGBOARD	1.00	____ ____						
3. HURDLE ONTO SPRINGBOARD	1.00	____ ____						
4. STRETCHED JUMP ONTO 16" MAT	2.00	____ ____						
5. STICK LANDING	1.00	____ ____						
6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER	2.00	____ ____						
7. STEP DOWN TO LUNGE	1.00	____ ____						
8. SALUTE TO JUDGE	1.00	____ ____						

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 2 - VAULTING - PANEL E**

Athlete's Name:			BIB Number:		Level: 2	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 16" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER 7. STEP DOWN TO LUNGE 8. SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

Athlete's Name:			BIB Number:		Level: 2	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 16" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER 7. STEP DOWN TO LUNGE 8. SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

Athlete's Name:			BIB Number:		Level: 2	
VAULT	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE	
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 16" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO HANDSTAND WITH FEET TOGETHER 7. STEP DOWN TO LUNGE 8. SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS

LEVEL 3 - VAULTING - PANEL D

MAXIMUM FINAL SCORE: OPTION 1 = 19.00 OPTION 2 = 20.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 3	
VAULT - OPTION 1	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
	9.00	VT 1 VT 2						
1. SALUTE TO JUDGE	1.00		Coaching, each time - Max 4.00			DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 9.00)		
2. RUN TOWARD SPRINGBOARD	1.00		- Physical assistance, Spot a component	0.50				
3. HURDLE ONTO SPRINGBOARD	1.00		- Verbal assistance	0.30				
4. STRETCHED JUMP ONTO 24" MAT	2.00		- Signals	0.10				
5. STICK LANDING	1.00		* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook					
6. 2-3 STEPS FORWARD TO HANDSTAND, FALL TO FLATBACK	2.00							
7. SIT UP & SALUTE TO JUDGE	1.00							
VAULT - OPTION 2	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
	10.00	VT 1 VT 2						
1. SALUTE TO JUDGE	1.00		Coaching, each time - Max 4.00			DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)		
2. RUN TOWARD SPRINGBOARD	1.00		- Physical assistance, Spot a component	0.50				
3. HURDLE ONTO SPRINGBOARD	2.00		- Verbal assistance	0.30				
4. STRETCHED JUMP ONTO MINIMUM 30" MAT	1.00		- Signals	0.10				
5. FALL TO FLATBACK	3.00		* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook					
6. SIT UP & SALUTE TO JUDGE	2.00							
VAULT - OPTION 1	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
	9.00	VT 1 VT 2						
1. SALUTE TO JUDGE	1.00		Coaching, each time - Max 4.00			DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 9.00)		
2. RUN TOWARD SPRINGBOARD	1.00		- Physical assistance, Spot a component	0.50				
3. HURDLE ONTO SPRINGBOARD	1.00		- Verbal assistance	0.30				
4. STRETCHED JUMP ONTO 24" MAT	2.00		- Signals	0.10				
5. STICK LANDING	1.00		* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook					
6. 2-3 STEPS FORWARD TO HANDSTAND, FALL TO FLATBACK	2.00							
7. SIT UP & SALUTE TO JUDGE	1.00							
VAULT - OPTION 2	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
	10.00	VT 1 VT 2						
1. SALUTE TO JUDGE	1.00		Coaching, each time - Max 4.00			DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 10.00)		
2. RUN TOWARD SPRINGBOARD	1.00		- Physical assistance, Spot a component	0.50				
3. HURDLE ONTO SPRINGBOARD	2.00		- Verbal assistance	0.30				
4. STRETCHED JUMP ONTO MINIMUM 30" MAT	1.00		- Signals	0.10				
5. FALL TO FLATBACK	3.00		* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook					
6. SIT UP & SALUTE TO JUDGE	2.00							

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 3 - VAULTING - PANEL E**

Athlete's Name:		BIB Number:		Level: 3	
VAULT - OPTION 1	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 24" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO HANDSTAND, FALL TO FLATBACK 7. SIT UP & SALUTE TO JUDGE	9.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	_____ _____ _____ _____
VAULT - OPTION 2	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO MINIMUM 30" MAT 5. FALL TO FLATBACK 6. SIT UP & SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	_____ _____ _____ _____
Athlete's Name:		BIB Number:		Level: 3	
VAULT - OPTION 1	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO 24" MAT 5. STICK LANDING 6. 2-3 STEPS FORWARD TO HANDSTAND, FALL TO FLATBACK 7. SIT UP & SALUTE TO JUDGE	9.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	_____ _____ _____ _____
VAULT - OPTION 2	START VALUE	VAULT 1	VAULT 2	TABULATE	SCORE
1. SALUTE TO JUDGE 2. RUN TOWARD SPRINGBOARD 3. HURDLE ONTO SPRINGBOARD 4. STRETCHED JUMP ONTO MINIMUM 30" MAT 5. FALL TO FLATBACK 6. SIT UP & SALUTE TO JUDGE	10.00			VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	_____ _____ _____ _____

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 4 - VAULTING - PANEL D**

MAXIMUM FINAL SCORE: D PANEL START VALUE + 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	VAULT PERFORMED	START VALUE	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	VAULT 1:		Coaching, each time - Max 4.00			DIFFICULTY		
			- Physical assistance, Spot a component	0.50			NEUTRAL DEDUCTION	
			- Verbal assistance	0.30				
			- Signals	0.10				
VAULT 2:		Failure to present before and/or after exercise	0.10 each			FINAL D SCORE		
			<i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>					

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	VAULT PERFORMED	START VALUE	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	VAULT 1:		Coaching, each time - Max 4.00			DIFFICULTY		
			- Physical assistance, Spot a component	0.50			NEUTRAL DEDUCTION	
			- Verbal assistance	0.30				
			- Signals	0.10				
VAULT 2:		Failure to present before and/or after exercise	0.10 each			FINAL D SCORE		
			<i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>					

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____				Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	VAULT PERFORMED	START VALUE	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	VAULT 1:		Coaching, each time - Max 4.00			DIFFICULTY		
			- Physical assistance, Spot a component	0.50			NEUTRAL DEDUCTION	
			- Verbal assistance	0.30				
			- Signals	0.10				
VAULT 2:		Failure to present before and/or after exercise	0.10 each			FINAL D SCORE		
			<i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>					

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 4 - VAULTING - PANEL E**

Athlete's Name:			BIB Number:			Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	START VALUE	VAULT 1		VAULT 2		TABULATE	SCORE
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDEWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	10.00	VAULT PERFORMED:		VAULT PERFORMED:		VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00
		START VALUE:		START VALUE"		VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00

Athlete's Name:			BIB Number:			Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	START VALUE	VAULT 1		VAULT 2		TABULATE	SCORE
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDEWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	10.00	WHAT VAULT		WHAT VAULT		VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00
		START VALUE		START VALUE		VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00

Athlete's Name:			BIB Number:			Level: 4	
ALLOWABLE VAULTS <i>SEE VAULT VALUES TAB FOR MOST COMMON VAULTS</i>	START VALUE	VAULT 1		VAULT 2		TABULATE	SCORE
1. ANY VAULT IN CURRENT FIG CODE OF POINTS 2. SPECIAL OLYMPICS VAULTS: - HANDSTAND ONTO STACKED MATS (32" OR HIGHER) TO FLAT BACK - HANDSTAND ONTO TABLE - FLAT BACK ONTO STACKED MATS (MINIMUM HEIGHT EVEN WITH TABLE) - HANDSPRING OVER STACKED MATS TO LAND ON FEET (32" OR HIGHER TURNED SIDEWAYS) - 1/4 TURN ON, 1/4 TURN OFF - 1/2 TURN ON, 1/2 TURN OFF	10.00	WHAT VAULT		WHAT VAULT		VAULT 1: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00
		START VALUE		START VALUE		VAULT 2: START VALUE EXECUTION DEDUCTION FINAL E SCORE	10.00

LEVEL 4 VAULT VALUES		VALUE	COMMON FIG OPTIONAL VAULTS
VALUE	SPECIAL OLYMPIC OPTIONAL VAULTS		
		2.00	Handspring
1.00	Handstand onto Mats to Flatback Landing on Mats	2.40	Handspring, 1/2 turn off
1.40	Handstand over Sideways Mats to Stand	3.00	Handspring, 1/1 turn off
1.60	1/4 Turn On, 1/4 Turn Off Stacked Mats Turned Sideways	3.60	Handspring, 1 1/2 turn off
1.80	1/2 Turn On, 1/2 Turn Off Stacked Mats Turned Sideways	2.00	Handspring with 1/2 turn on - repulsion off
1.60	Handspring over Table to Flatback Landing on Mats	2.80	Handspring with 1/2 turn on - 1/2 turn off
		3.00	Handspring with 1/2 turn on - 1/1 turn off
		3.60	Handspring with 1/1 turn on - Handspring off
		2.40	Yamashita
		2.80	Yamashita with 1/2 turn off
		3.20	Yamashita with 1/1 turn off
		4.00	Handspring on - tucked salto forward off
		4.20	Handspring on - piked salto forward off
		3.50	Tsukahara tucked
		3.80	Tsukahara tucked with 1/2 turn
		3.70	Tsukahara piked
		2.40	Round-off, flic-flac on - repulsion off
		2.60	Round-off, flic-flac on with 1/2 turn - Handspring off
		3.30	Round-off, flic-flac on - tucked salto backward off
		3.50	Round-off, flic-flac on - piked salto backward off
		3.60	Round-off, flic-flac on - tucked salto backward with 1/2 turn off
v1.0 02/01/19			