

# 2021 Health Report



## Screenings & Deliverables

**Fit Feet** **19**

- Shoes 0\*
- Socks 19
- Referrals 3

**FunFitness** **25**

- Referrals 0

**Health Promotion** **0**

**Healthy Hearing** **123**

- Referrals 73

**Medfest** **223**

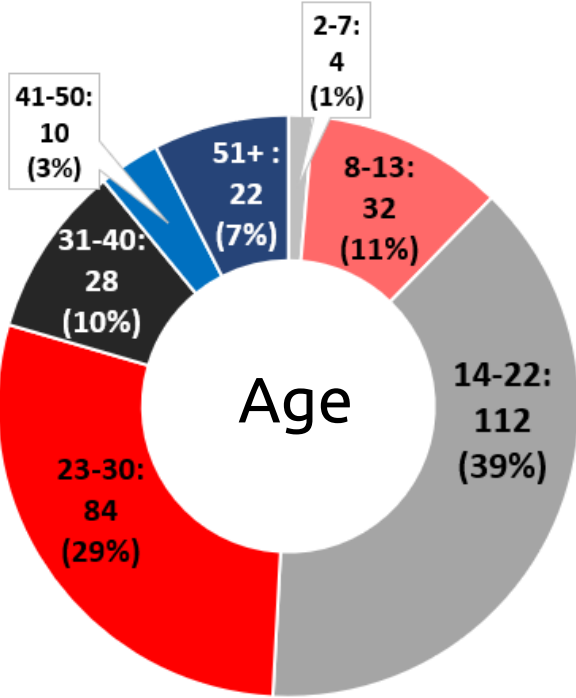
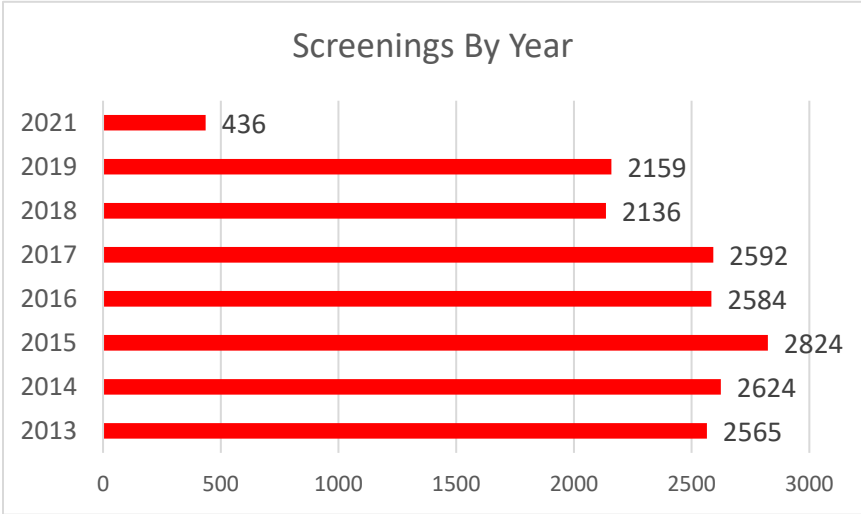
- (medical physicals)
- Referrals 38

**Opening Eyes** **46**

- Glasses 44
- Sunglasses 46
- Rx Goggles
- Goggles
- Referrals 2

**Special Smiles** **0**

- Flouride 0
- Electric 0
- toothbrush 0
- Referrals 0



# Fit Feet 2021

Special Olympics  
Michigan



Special Olympics Fit Feet offers screenings to evaluate ankles, feet, lower extremity biomechanics, and proper shoe and sock gear to participating athletes. Fit Feet helps Special Olympics athletes step lively on the playing field, and in everyday life. Many athletes suffer from foot and ankle pain, or deformities that impair their performance.

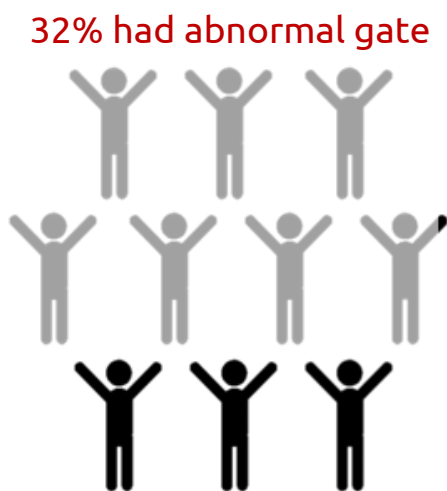


1 State Event



19 Athletes Screened

2021 Fit Feet data showed that out of the 185 athletes screened:





FUNfitness is the physical therapy discipline of Special Olympics Healthy Athletes® that addresses the ongoing health needs of Special Olympics (SO) athletes. FUNfitness provides athletes the opportunity to be screened for flexibility of hamstring, calf, shoulder rotator and hip flexor muscles; functional strength of the abdominal and lower extremity muscles; and balance.



1 State/Regional Event



25 Athletes Screened

2021 FUNfitness data showed that out of the 25 athletes screened:





# Healthy Hearing 2021

Special Olympics  
Michigan



The Healthy Hearing discipline of Healthy Athletes provides comprehensive hearing screenings and follow-up recommendations. The goals of the program are to inform athletes, parents, coaches or caregivers about the detection of possible ear and hearing problems, recommend follow-up as needed, and to promote the necessity of regular ear and hearing screenings.



4 State/Regional Events



123 Athletes Screened

2021 Healthy Hearing data showed that out of the 123 athletes screened:

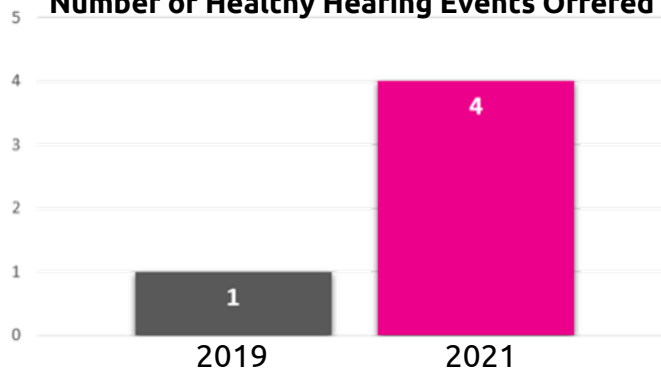
38% had a partially to fully blocked ear canal



34% failed the hearing test



Number of Healthy Hearing Events Offered





Special Olympics MedFest provides a free sports physical that all athletes need prior to participation. Exams assess blood pressure, temperature, pulse, height, weight, body mass index, vision, hearing, medical history, potential medication side effects and general physical health.



## Global Importance and Impact:

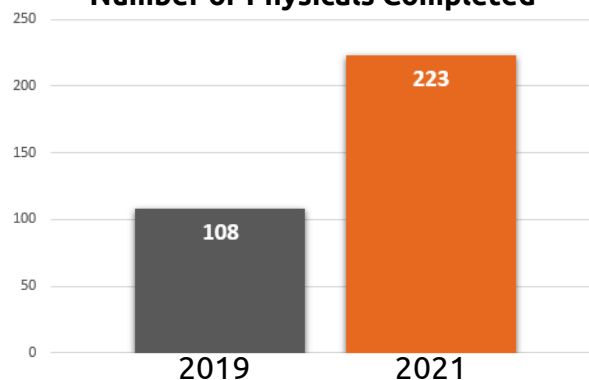


90% of primary care residency programs in the U.S. offer no training in caring for people with intellectual disabilities



81% of graduating medical students in the U.S. report not having any training in the care of people with intellectual disabilities

### Number of Physicals Completed



# Opening Eyes 2021

Special Olympics  
Michigan



The Special Olympics Lions Clubs International Opening Eyes program is changing lives in communities across the globe by providing comprehensive eye assessments, prescription eyewear, sunglasses and sports goggles to Special Olympics athletes.



1 State Event



46 Athletes Screened

2021 Opening Eyes data showed that out of the 46 athletes screened:



74% needed a new prescription



24% were diagnosed with an eye disease

